

(The Monroe Institute Bulletin, Spring 1988)

FEEDBACK

A Test of "CONCENTRATION"

Ted Distad writes:

"I'm a relatively young retiree after 26 years with state government... it became necessary to think about trying some other endeavors to generate income. One such was a sudden decision to obtain a state license to sell insurance.

Initially, I had about three weeks to study before the next state exam was to be held. I was still more interested in other things, however, (and, I'll admit, I'm a procrastinator by nature) so I kept putting off my study.

One Saturday evening my oldest son (he's one of those together individuals who manages time well) inquired how soon I had to take the insurance exam. I checked and discovered the exam was scheduled for the very next Monday! He assured me I might as well forget the test—I'd never be able to study and remember a manual of 190 8-1/2" x 11" pages in that amount of time (he loves to give his old man a hard time). Although I wasn't overconfident, I told him I was going to give it a shot anyhow.

I hit the sack early that night, and the next morning (Sunday), I went to our meditation room, closed the door, and began studying at 9 a.m. By 1 pm., I was beginning to lose my ability to concentrate. At that time, I put the *Concentration* tape into my continuous tape player.

With a few short breaks for food (and much coffee), I finished the book at 3:05 am Monday morning. Then it was sack time for 2 hours... about 6 am I had to begin the 4 hour trip to the state capital to be on time for the test.

I was one of the very last to complete the test (I had to keep going into Focus 10 and 12 to recall the information), but I completed it. Two weeks later, I was notified that I had passed with an 86!

As far as I'm concerned, this is a real testimony to the benefits of mediation, the whole brain system of Hemi-Sync[®], the *GATEWAY* program, and the excellent design of the *Concentration* tape. Because of (the tape), I maintained my concentration for 18 straight hours. As a *GATEWAY* graduate, I knew how to quickly go into brief meditation and recall information. It works for me!"

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